

Site: Lemont Community Café
 Address: 16300 Alba Street
 City, State Zip: Lemont IL 60439
 Phone: 630-257-0515

October 2026 Café Menu



Cafe Manager: Stephanie Gasca
 Cafe Days: Monday thru Friday
 Times: 11am-1:30pm
 Suggested Donation: \$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
	REMINDER: No more TO-GO meals will be served starting October 1st! All clients must dine in!		1 Spaghetti and Meatballs w/Marinara Capri Blen Vegetables Whole Wheat Vienna Bread Chilled Pears	2 Baked Pollock Bella Vista Red Skin Potatoes California Vegetables Multi-Grain Dinner Roll Whole Apple
5 Roast Pork and Gravy Au Gratin Potatoes Peas and Carrots Multi-Grain Bread Whole Apple	6 Chicken and Kale Soup Baked Sweet Potatoes Italian Green Beans Multi-Grain Cranberry Roll Chilled Peaches Pea Salad	7 DELI BAR Dilled Egg Salad Tomato Basil Soup Tossed Garden Salad Cottage Cheese Banana Italian Pasta Salad	8 All Beef Hot Dog Oven Fries Baked Bean Casserole Whole Wheat Bun Banana Fresh Melon	9 Classic Lasagna w/Meat Sauce Broccoli Multi-Grain Bread Chocolate Pudding
12 CLOSED FOR INDIGENOUS PEOPLE'S DAY!	13 Spaghetti and Meatballs w/Marinara Mixed Salad Greens Multi-Grain Bread Warm Peach Cobbler Fruit Cup	14 DELI BAR Tuna Salad Sandwich Cream of Broccoli Soup Tossed Garden Salad Cottage Cheese Fruit Cup Beet Salad	15 Chicken Vesuvio Mashed Potatoes Cauliflower w/Red Peppers Multi-Grain Bread Mandarin Oranges Tri Bean Salad	16 Citrus Alaskan Pollock Rice Vegetable Pilaf Country Blend Vegetables Whole Wheat Roll Garbanzo Bean Salad Fresh Melon
19 Cheddar Broccoli Chicken Rice Casserole Cauliflower Multi-Grain Bread Warm Pear and Cranberry Crumble	20 BBQ Riblet Oven Fries Broccoli Whole Wheat Bun Whole Apple Garbanzo Bean Salad	21 DELI BAR BLT Chicken Salad Tomato Orzo Soup Tossed Garden Salad Cottage Cheese Oatmeal Raisin Cookie Chef's Choice Fruit	22 Western Eggs Diced Hashbrown Potatoes Maple Glazed Pears Raisin Bread Juice Banana	23 Hot Roast Beef Mashed Potatoes Peas and Carrots Multi-Grain Bread Whole Orange
26 Bavarian Bratwurst Diced Parslied Potatoes Carrots Sauerkraut Fresh Melon	27 HALLOWEEN PARTY! Skeleton BBQ Ribs Monster Mashed Potatoes Creepy Calico Corn Ghostly Coleslaw Hangman's Knot Dinner Roll Jack-O-Lantern Pumpkin Pie	28 DELI BAR Chicago Style Hot Dog Vegetable Lentil Soup Tossed Garden Salad Cottage Cheese Chilled Peaches Coleslaw	29 Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears Beet Salad	30 Baked Pollock w/Lemon Dill Hollandaise Baked Potato California Vegetables Multi-Grain Bread Lemon Mandarin Pudding

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS



Funding is provided in whole or in part by AgeOptions, AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

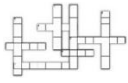
Each meal is served with milk.

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October 2026 Activity Calendar



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Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Crossword Puzzles 	
5	6	7	8	9
BINGO AT 12:15 	Board Games 	National Chocolate Covered Pretzel Day!		Card Games 
12	13	14	15	16
CLOSED FOR INDIGENOUS PEOPLE'S DAY!		National Dessert Day! Bring in a dessert for a potluck!	Poker 	
19	20	21	22	23
BINGO AT 12:15 	Board Games 			Card Games 
26	27	28	29	30
BINGO AT 12:15 	HALLOWEEN PARTY! Costume Contest, Raffles, & Bingo! Hosted By: Lemont Township		Jigsaw Puzzles 	
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