

Site: Lemont Community Café
 Address: 16300 Alba Street
 City, State Zip: Lemont IL 60439
 Phone: 630-257-0515

September 2026 Café Menu



Cafe Manager: Stephanie Gasca
 Cafe Days: Monday thru Friday
 Times: 11am-1:30pm
 Suggested Donation: \$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Italian Sausage w/Marinara Scalloped Potatoes Brussel Sprouts Whole Wheat Bun Fresh Melon Juice	2 DELI BAR Corned Beef and Swiss Marble Rye Bread Cream of Potato Soup Tossed Garden Salad Cottage Cheese and Pears Carrot Raisin Salad	3 Dilled Tuna Salad Sandwich Lettuce and Tomato Kidney Beans Whole Wheat Kaiser Fruit Cup Banana	4 Chicken Provence Rice Florentine Country Blend Vegetables Multi-Grain Bread Whole Orange
7 CLOSED FOR LABOR DAY!	8 Kielbasa Dilled Potatoes Bean Casserole Marble Rye Bread Fruit Cup	9 DELI BAR Italian Beef Cream of Broccoli Soup Tossed Garden Salad Cottage Cheese Whole Orange Potato Salad	10 Baked Meatloaf w/Gravy Mashed Potatoes Carrots and Chives Whole Wheat Dinner Roll Chilled Peaches Fresh Melon	11 SANDWICH MENU Shaved Turkey and Cheese Lettuce and Tomato Pea Salad Whole Wheat Bread Fruit
14 SANDWICH MENU Chicken Salad Sandwich Lettuce and Tomato Garnish Corn Relish Salad Wheat Bread Fruit Cup	15 Salisbury Steak Mashed Potatoes w/Gravy Cabbage and Carrots Multi-Grain Bread Fresh Melon Oatmeal Raisin Cookie	16 DELI BAR Mediterranean Tuna Salad Lemo Orzo Cream Soup Tossed Garden Salad Cottage Cheese and Pears Mixed Fruit Pea Salad	17 Lemon Basil Chicken Garden Vegetables Corn and Black Beans Cranberry Roll Applesauce Banana	18 SPECIAL MENU Stuffed Peppers Mashed Potatoes Glazed Baby Carrots Multi-Grain Dinner Roll Pineapple Mandarin Fruit
21 Chicken ala Orange Vegetable Rice Pilaf Northern Beans Raisin Bran Muffin Chilled Peaches	22 French Dip of Beef w/Mushrooms and Onions Oven Fries Corn Whole Wheat French Roll Whole Apple	23 DELI BAR Grilled Chicken w/Ceasar Garden Vegetable Soup Romaine Salad Cottage Cheese Pears Tomato Salad	24 Surimi Crab Salad Mixed Salad Greens Dilled Cucumbers Whole Wheat Dinner Roll Fruit Cup	25 All Beef Hot Dog Twice Baked Potato Casserole Peas and Carrots Whole Wheat Bun Banana
28 BBQ Riblet Mashed Sweet Potatoes Vegetables Whole Wheat Bun Strawberry Yogurt	29 Hamburger Bean Casserole Mixed Vegetables Whole Wheat Bun Fruit Sunburst Fresh Melon	30 DELI BAR Roast Turkey w/Havarti Minestrone Soup Tossed Garden Salad Cottage Cheese and Pears Mandarin Oranges Coleslaw		

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS



Funding is provided in whole or in part by AgeOptions, AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

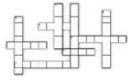
Each meal is served with milk.

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September 2026 Activity Calendar



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Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
			Crossword Puzzles 	
7	8	9	10	11
CLOSED FOR LABOR DAY!	Board Games 		National School Picture Day! Bring in some old school photos to show the group!	Card Games 
14	15	16	17	18
BINGO AT 12:15 		Poker 		FALL BINGO! Sponsored By: Lemont Township
21	22	23	24	25
BINGO AT 12:15 	Board Games 			Card Games 
28	29	30		
BINGO AT 12:15 	Jigsaw Puzzles 	Recipe Day! Bring in your favorite recipe to share with the group *COOKBOOKS COMING SOON*		
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