

2025

Lemont Community Café

16300 Alba St

Lemont, IL 60439

Phone: 630-257-0515

JANUARY 2026

Community Nutrition Network & Senior Services Association

Café




Days: Monday-Friday

Times: 11:00am-2:00pm

Lunch served at 11:30am

Café Manager: Stephanie Gasca

Program Assistant: Colleen Melchio

Monday	Tuesday	Wednesday	Thursday	Friday
For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Each meal served with milk.				
Hot Roast Beef Mashed Potatoes And Gravy Peas & Carrots Multi Grain Bread Fresh Orange	Frosty Bingo Special Menu Classic Chicken With Brandy Supreme Sauce Roasted Potatoes Green Beans, Onions & Bacon Multi Grain Dinner Roll Peach Cobbler	DELI BAR BLT Chicken Salad Sandwich Hard Boiled Egg Cream Of Potato Soup Tossed Garden Salad Cottage Cheese & Fruit Oatmeal Cookie	Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetable Whole Wheat Roll Chick Pea Salad Fresh Melon
Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	Chicken Chardonnay Mashed Potatoes Broccoli Multi Grain Bread Fresh Orange Chocolate Pudding	DELI BAR Chicago Style Hotdog Whole Wheat Bun Tomato Lentil Soup Tossed Garden Salad Cottage Cheese & Peaches Coleslaw	BONUS DELI BAR DAY Italian Beef Whole Wheat French Roll Minestrone Soup Tossed Garden Salad Cottage Cheese & Pears Beet Salad & Hard Boiled Egg	Baked Pollock Piccata Baked Potato California Blend Multi Grain Bread Lemon Mandarin Pudding
	Turkey Pot Roast And Gravy Baked Potato Peas & Carrots Multi Grain Bread Chef's Fruit Banana	DELI BAR Meatball Marinara Sub Hard Boiled Egg Bean Soup Tossed Garden Salad Cottage Cheese & Pineapple Potato Salad	Winter Warm-Up Menu Roasted Pork Chop With Burgundy Mushroom Sauce Sage Dressing Scalloped Potatoes Broccoli Sliced Apples & Cinnamon	Surimi Crab Alfredo Penne Pasta & Marinara Zucchini, Red Peppers & Onion Chef's Choice Vegetable Whole Wheat Roll Fruit Cup
Baked Meatloaf With Gravy Cauliflower Mashed Potatoes Mixed Vegetables Multi Grain Bread Pineapple Tid Bits	BONUS DELI BAR DAY Bacon And Spinach Quiche Whole Wheat Roll Vegetable Gumbo Soup Tossed Garden Salad Cottage Cheese & Peaches Carrot Raisin Salad	DELI BAR Chicken Salad Sandwich Split Pea Soup Tossed Garden Salad Cottage Cheese & Jell-O Corn Relish Salad Whole Wheat Bun	Cheese Omelets Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fruit Yogurt Fresh Orange	Swedish Meatballs & Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Suggested Donation: \$4.00

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

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Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
				
 Must eat lunch in order to play Bingo!	 Knock Off The Snow And Come In For Lunch And Bingo!		 Pick Up A Flyer At Lunch To Learn About Glaucoma And Eye Health	 
 Must eat lunch in order to play Bingo!				 Free Blueberry Cobbler With Every Meal
			 Come In And Warm-Up With A Hot Meal And Even Hotter Bingo	
 Must eat lunch in order to play Bingo!			 Pencil Toppers Craft	 Did You Miss A Craft Day Or Have A Craft You Would Like To Do Again? This Is Your Is Your Chance!

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